

Art of Learning: Chapter 6

Remember/Knowledge:

1. List key points about the chapter.
2. Identify the main focus that is discussed in the chapter.

Understanding/Comprehension:

1. Describe the feeling that the main character felt when the girl was hit by the car.
2. Discuss why this chapter is important to the book as a whole.

Applying:

1. Construct a flow chart of what happens when a “downward spiral” occurs
2. Think of something that recently happened in your life that you could apply this chapter’s lesson to and then write about how this chapter could have helped you.

Analyzing:

1. Look at the different ideas suggested to clear your mind and then analyze why these ideas would actually work or be beneficial when you were in a heated moment.
2. Use what you learned in this chapter and construct a list of ways to relax and avoid “downward spirals” and then once the list is created compare and contrast these ideas to what you actually do in your everyday life.

Evaluating:

1. Create a story describing a character who is fixing to have a “downward spiral” and then using your knowledge from the chapter also include in your story how the character overcomes the “spiral”.
2. Blog about the chapter briefly, including what you learned and how you can apply this to your life every day. Once you have created an entry you will also comment on 3 other students’ blogs as well. When you comment you will give the student feedback on their entry.

Creating:

1. Collaborate in teams of 2 to 3 students and make a short video clip of the chapter (what you learned, what you will apply to your life, etc)
2. Take the idea of avoiding a “downward spiral” and pick out your favorite movie, tv show, or book where the main character experienced one of these “spirals”. Using everything you now

know write a letter to the character you choose giving them advise on how to handle the situation so they don't "spiral".