# Due: Nov.21/March 16

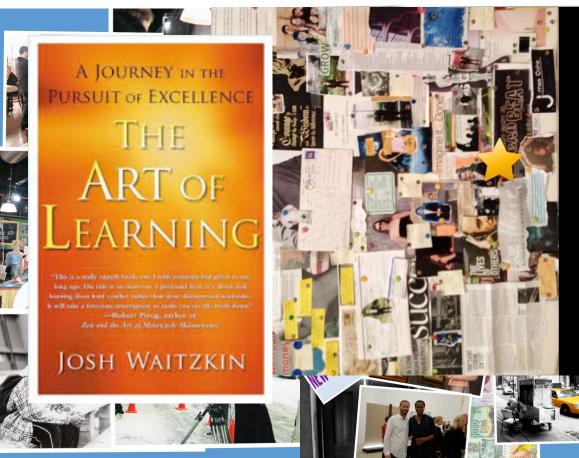
#### **SOLE AND THE ART OF LEARNING**

INVESTMENT IN LOSS

USING ADVERSITY

INSPIRATION BOARDS

Create an W2M (Willing To Make Mistakes) inspiration **board** with images, words, symbols, photos. charts, tactile objects, journal entries, hand painted or drawn images focused on your Committee or Community Building Project.



Create an Inspiration Board for your Community Building Project or Club/Committee/Event based on the chapters, 'Investment in Loss' and 'Using Adversity'.

SOLE participants have been generously granted access to the audio version of Josh Waitzkin's extraordinary book, The Art of Learning, to study and apply his methods for the purpose of developing the mental side of success as students and leaders.

You will create Inspiration Boards or as we'll call them, W2M (Willing to Make Mistakes) Inspiration Boards. These boards will focus on helping to shift your perspective when looking at mistakes, obstacles and resistance points during the adventure of creating extra-curricular school projects.

During the various project phases of envisioning, thinking of new ideas, planning, presenting and promoting your club, committee, event and community building projects that you'll learn at SOLE and implement over the course of a school year, you will document the temporary setbacks that occur on your Inspiration Boards.

### Why are we doing The W2M Inspiration Board as part of SOLE?

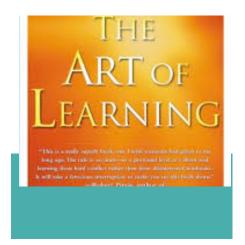
#### **Investment in Loss**

Often when you learn a new skill or idea that is unfamiliar to you, a feeling of resistance or what I call the 'I can't' critical voice in your head tells you to give up before you've even begun.

One way you can go from this kind of resistance to non-resistance is by letting go of the need to be always right or perfect and to be willing to make mistakes. (The Art of Learning)

Successful leaders in any field get their mistakes out of the way early as this quote from, the chapter, 'Investment in Loss' demonstrates:





#### A few guidelines:

Focus on your own mistakes and challenges, **not** on other students.

State the problem or mistake briefly and go into more depth on the solution or additional questions it raises.

Don't be so hard on yourself. Give yourself a break and have fun with this. Don't take yourself too seriously. It feels great when you start to see challenges as opportunities for a-ha learning moments.

Use your imagination in creating your W2M Inspiration Boards. The more creativity you invest in the moment while you're doing this, the more these lessons and this way of looking at challenges will become a part of your lifelong learning.

#### 'The Art of Learning':

Listen to the chapters: 'Investment in Loss' and 'Using Adversity' and create a response to 1 of the 3 ideas below.

#### **SOLE Level 1:**

Step 1: Listen to the two chapters above.

Step 2: Write, draw or bring in symbolic object (with brief explanation attached) on 1 or more of the 3 quotes/questions below from the chapters above, as it relates to your past or current experiences in life at school and student activities? You are also encouraged to respond to other ideas in the two chapters, as well.

Step 3: Bring in your written or tactile response to the SOLE Seminar and post it to, 'The Art of Learning' Inspiration Boards prior to the conference beginning, during breaks or lunch.

These inspiration boards will be displayed on one of our main street bulletin boards at school. Group discussion will follow.

"Great ones are willing to get burned time and again as they sharpen their swords in the fire."

How can you learn from mistakes and turn them into learning moments of growth?

What are the advantages to ongoing learning rather than giving up or only working in a half-hearted way?

## SOLE LEADERSHIP PROGRAM CHECKLIST FOR LEVEL 1/LEVEL 2 CERTIFICATION AND PERSONALIZED SOLE LEADERSHIP LETTER OF COMPLETION

Level 1: Complete by Monday, October 27th: Level 1 Leadership Certificate

Participate fully in all activities at the SOLE Leadership Seminar

Listen to 2 chapters in TAOL, 'Investment in Loss' and 'Using Adversity'.

Contribute meaningfully to the Group W2M inspiration boards at SOLE Seminar.

Level 2: Complete by Friday, November 21st: Level 2 Leadership Accountability Certificate

E-mail SOLE Community Building Plan to Mr.W. or School Club Plans to Mr.C

and E-mail link to Community Building Project to Mr. W. OR School Club project to

Mr.C

Begin a W2M Inspiration Board (3 images minimum) for Community Building Project and e-mail/show Mr. W or create one for your School Club/Committee project to Mr.C.

Level 3: Presentation on Monday, March 16th: SOLE Leadership Personalized Letter

Present SOLE GOALS Progress/Results and MBP Board to SOLE Staff Facilitators/

Complete 5 Monthly Accountability Check-ins on SOLE Google Doc or SOLE FB page:

\*Optional: Make a worthy effort in going through the 21-Day Health Training Plan

